



YORKSHIRE WOLDS
TEACHER TRAINING

NEWSLETTER

JANUARY 2019

Join us on Monday 4th February at South Hunsley School and Sixth Form College or Tuesday 5th February at Malet Lambert, by signing up on our website ywtt.org.uk

WELL-BEING AWARENESS

MARINA KISELOWSKA & CLAIRE KENNEDY

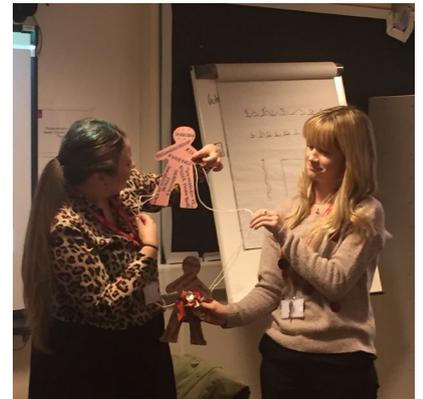
As one of our professional study sessions we had an interesting well-being session facilitated by Specialist Leader in Education, Hayley. During the course of the session we looked at different techniques to improve our well-being.

We started off with a confidence rating exercise to help us think about different aspects of our teaching and work life, which included behaviour management and workload. This was a good way to pin point where stress can come from for us as individuals. We were then encouraged to write down questions that we could later review after development and implementing some strategies.

We learnt about how working environments and atmospheres can affect your performance and stress. Hayley described this as radiators and drains. When feeling stressed she told us to surround ourselves with radiators; people who understand how we may feel and make us feel good, less stressed and happy.

One of the most enjoyable parts of the session was being able to express what stress is to us in a creative way. We worked in pairs using arts, crafts and drama to create what we feel symbolises stress.

Hayley finished off the session with a 30 day challenge of new things to try in our classroom to build our confidence.



REFLECTIONS ON MY FIRST TERM

CLAIRE ASHBRIDGE & EMMA GRAHAM

Many of our trainees find their first teaching role at one of our partner schools. We asked a couple of our Newly Qualified Teachers how they felt after their first full term...



CLAIRE ASHBRIDGE

YEAR 1 TEACHER HUNSLEY PRIMARY

My first term as an NQT has been the most rewarding part of my journey so far. I have enjoyed getting to know all the children and establishing good relationships with them and it always puts a smile on my face when one of them comes and gives you a cuddle.

With regards to the teaching and learning, my first thought at the end of my ITT year was how will I cope? But in all honesty, it hasn't been anywhere near as daunting as I thought it would be. I have learnt so much in such a short time. The support I have received from my colleagues has definitely made my first term easier. I have had to dedicate lots of hours to working and I never switch off from the job. However, it all makes it worthwhile when you see the progress the children have made.

EMMA GRAHAM

MODERN FOREIGN LANGUAGES MALET LAMBERT

"Extremely busy but equally rewarding" is the phrase that I would use to describe the 1st term of my NQT year. Despite the constant challenges that I face on a daily basis, the impact that I am having on the pupils' progress is without a doubt worthwhile. Throughout the autumn term, I have already conducted various parents' evenings, delivered Y11 intervention sessions after school, I mentor 3 pupil premium pupils in Y11 to ensure that they reach or exceed their predicted grades, and have written a scheme of work, am contributing to the shared planning and the creation of end of unit assessments as well as all of the daily duties of a teacher (planning, marking, physically teaching, duties, attending meetings and the pastoral role of being a form tutor).



Even though the role contains an endless list of jobs, I thoroughly enjoy going to school each day and this enthusiasm and passion are partly thanks to how well YWTT prepared me for this, and how well I was supported by multiple members of staff throughout the year, which continues to date. YWTT provided many key sessions during my ITT year to ensure that we were well equipped for the year ahead. I continue to have weekly meetings with my mentor and am always being supported and encouraged to develop my teaching abilities.

SHEFFIELD RAREBIT NICK THOMPSON & ALEX MERRILLS

David York, Inclusion and Behaviour Management Consultant returned to YWTT to meet with our NQTs from last year and to help this years cohort develop their behaviour for learning strategies.

NICK THOMPSON

Arriving on a wave of Henderson's Relish, David York delivered a full download experience on 'rules of engagement' to this year's YWTT cohort. Upon the ringing of the reception bell, the session from the 'Wise Owl of Sheffield' was informative, invaluable and, true to his mantra, thoroughly engaging throughout.

Dave demonstrated, with much warmth and enthusiasm, the importance of building relationships with his students in order for effective progress to take place in the classroom. The tutorial was enriched with Dave's numerous anecdotes drawn from his school experiences, with which he painted colourful scenarios, as he seamlessly navigated his path through his lesson plan.

The ornithological practitioner posed, paused, pounced and bounced his way through his explanation of the different styles of teacher which are easily recognisable in schools, namely the ostrich, the magpie and, of course, the wise owl. The Yorkshire Tawny demonstrated a wealth of methods for grabbing attention including bells, bubbles and his trademarked 'quiet spray'. With a plenary of plenaries to follow, then what better way to finish the day other than with a joke and a smile.

ALEX MERRILLS

David York's presentation at the YWTT reunion event was incredibly helpful. He revisited some of his 10 methods for effective teaching which I could now identify with much more having started my NQT year. His energy left me very enthusiastic about teaching at the end of my first term.

Steve Teasdale's session involved us each recounting an unusual challenge we had faced during our first term. I found it reassuring that I wasn't alone in having had to overcome a tough situation and that the other NQTs would have tackled mine similarly.

If you are thinking about training to teach, come and spend the day at **South Hunsley School and Sixth form College** on **Monday 4th February**, or **Malet Lambert** on **Tuesday 5th February** and find out how Yorkshire Wolds Teacher Training could support you on the path to a new and exciting career.

Our "Get into Teaching Days" are designed for anyone who has a degree and is interested in teaching at secondary or primary level - particularly those who are considering starting their initial teacher training in September 2019. It offers a great opportunity to get all your questions about teaching and training answered.